### **CURRICULUM VITAE**



Ms. Vinay Lata

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# **OBJECTIVE**

To get a platform with an attitude to learn, gain and share knowledge to achieve professional and personal growth.

### **PRESENT POSITION**

Assistant Professor in Psychology (Higher Education Department)

Date of Appointment: 31st December, 2016

Date of Posting: 17<sup>th</sup> February, 2017 **EDUCATIONAL QUALIFICATIONS** 

Course	Specialisation	Board/College/ University	Year of Completion
Pursuing Ph.D.		University of Jammu	
Post Graduation	Psychology (Clinical psychology)	University of Jammu	2010
Bachelor Degree	Arts	GCW, Parade	2008
Higher Secondary	Arts	JKBOSE	2005

### **Qualified NET and SET in Psychology**

- UGC-NET- 15<sup>th</sup> June, 2015
- SET- 1<sup>st</sup> September, 2013

#### **EXPERIENCE:**

### **Teaching Experience:**

Higher Education Department:

- Working as Assistant Professor in Govt. College of Education, Jammu since Feb 2021.
- Worked as Assistant Professor in Psychology, GGZSM Degree College, Reasi from Feb. 2017 to Jan. 2021.

School Education Department

 Worked in 4 Years 2 Months (06<sup>th</sup> October 2012 to 30<sup>th</sup> December 2016) as a Teacher in J&K Govt School Education Department.

# **Counselling Experience**

- 1 Year 5 Months (15<sup>th</sup> May 2011 to 4<sup>th</sup> October 2012) as a Counselor/ PGT Psychology in Army public School, Akhnoor.
- 6 Months (19<sup>th</sup> November 2010 to 13<sup>th</sup> May 2011) as a Resource Teacher/ School Counselor in Army public School, Udhampur.

### **RESOURCE PERSON**

- Resource Person in one day workshop on "Happiness" organized by Department of Psychology, Govt. College of Education Jammu.
- Resource Person on "World Mental Health Day 2022" organized by Department of Psychology, Govt. College of Education Jammu.
- Resource Person in an online lecture on Drug abuse: Awareness and Management" organized by Govt. Degree College Sidhra on 25-06-2021.
- Resource person in one day workshop on "Issues & challenges in Education during Corona-19 Pandemic held on 26-03-2021 organised by IQAC, Govt. College of Education, Jammu.
- Resource person in one day awareness programme under the theme "Substance Abuse" organized by Govt. Degree College, Marh on 03-04-2021.

# **CONFERENCES/ SEMINARS/WORKSHOPS**

 Paper presentation entitled "Relationship between cyberbullying, Cyber victimization and cyber resilience among teacher trainees" in one day National Seminar on Mental

- Health & Wellbeing : A Global Priority held at the Department of psychology, University of Jammu on 15<sup>th</sup> May 2023.
- Paper Presentation on Emotional Intelligence and Achievement Motivation among College Students," 4<sup>th</sup> International and 6<sup>th</sup> Indian Psychological Science Congress, organized by Department of Psychology, Punjab University, Chandigarh from 18-20 September, 2017.
- Paper presentation on "Child Maltreatment and Psychopathology among BPL and APL Adolescents," Indo-Canadian Conference of Psychology-Past, present and Future (ICCP-2017)," organized by Gurukul Kangri University Haridwar on 29-30 May, 2017.
- Paper presentation on "Innovation Revolution in India with special reference to J&K,"
  10<sup>th</sup> JK Science Congress, organized by University of Jammu from 14-16 March, 2015.
- Participated in International conference on Positivism: Foundation for Human Dimension organized by Amity University Rajasthan, Jaipur w.e.f 06-08 Aug, 2012.
- Poster Presentation on "A Comparative Study on Psycho-Pathology and Child Maltreatment among Kashmiri Migrant and Non-Migrant School Going Adolescents," International Conference on Enhancing Human Potential, Bio-Psycho Social Perspectives, organized by Department of Psychology, Punjab University, Chandigarh On 15-17 November, 2010.

# ORIENTATION/REFRESHER/FDP

- Attending one week FDP on "Open Source tools for Research" started on 12-09-2023.
- Attended FDP on "Basics of Research Methodology" organized by Dept. of Lifelong Learning in University of Jammu w.e.f 27-02-2023 to 03-03-2023.
- Refresher course on Advanced Research Methodology for Teaching Learning centre, Ramanujan College, University of Delhi w.e.f. 23-01-2023 to 06-02-2023
- Orientation program for Ramanujan College: 20-04-2022 to 19-05-2022
- One Day workshop on SPSS.
- One Week National Faculty Development Program on Advanced Research Methods and Quantitative Data Analysis: 24-09-2020 to 01-10-2020.
- Participated in General Orientation Course (GOC) for Assistant Professors organized by Directorate of Internal Quality Assurance (DIQA), Central University of Jammu from 16<sup>th</sup> to 31<sup>st</sup> January, 2017
- Participated in Refresher Course organized by Govt. College of Education, Canal Road, Jammu from 2 to 9 January, 2017.
- Participated in Refresher Course for Army School Counsellors organied by ICTRC at FDRC New Delhi from 20-06-2011 to 26-06-2011.

### **PERSONAL DETAILS**

• Father's Name: Anant Ram

Spouse Name: Dr. Satinder Kumar
 Date of Birth: 17<sup>th</sup> of February,1988

Marital status Married Nationality: Indian

• Languages Known: English, Hindi, Dogri.